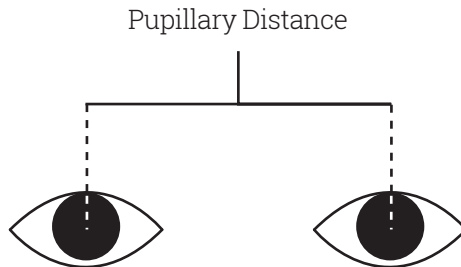


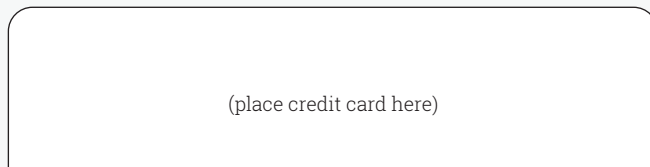
## Why do I need to know my PD?

The measurement of your Pupillary Distance reveals the optical center of your eyes. Proper PD measurement avoids any warped perception that may occur in your lenses.



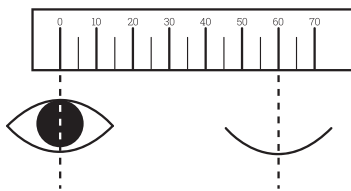
### Before Measuring:

Print this page at 100%, without scaling (do not check "Fit To Page"), and check if your credit card matches the size of the outline below.



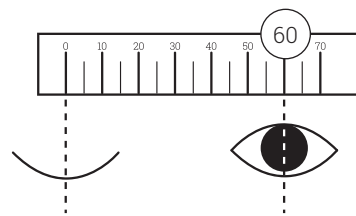
### 1. Stand 8" away from mirror or friend

Close your left eye and align the 0mm to the center of your right eye pupil.

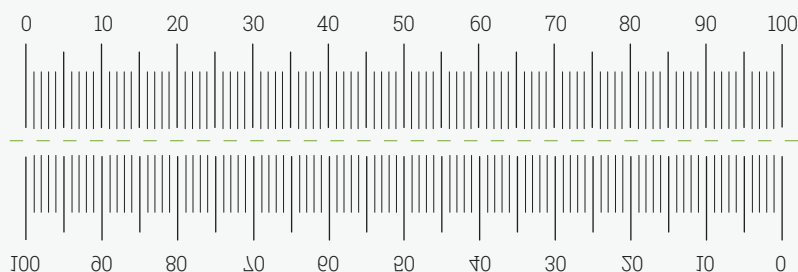


### 2. Repeat on opposite eye

Now close your right eye, keeping the 0mm stable at the center of your right pupil. The number above your right eye indicates your PD.



WITH A FRIEND



(fold here)

DUALENS.

USING A MIRROR